

TEEN WEEK MENU 2022

Sunday	Monday	Expedition Day	Wednesday	Thursday	Friday	Saturday
Every Day: Fresh Fruit (bananas, apples, oranges) Yogurt Oatmeal Grits Cereal Milk Coffee	Eggs Biscuits* Sausage Patties Hash Browns Cantaloupe Honey/Jelly Butter Ketchup Orange Juice	Choose 3 items: Muffins* Fresh Fruit Yogurt Cinnamon Roll* Powdered Doughnuts 1 juice box	Pancakes* Bacon Orange Slices Butter Syrup Grape Juice	Biscuits* Sausage Gravy Scrambled Eggs Hash Browns Honey Jelly Butter Orange Juice	Waffles* Sausage links Pineapple Bits Butter Syrup Apple Juice	Assorted Krispy Kreme Donuts* Orange Juice
Outdoor cooking EVERYDAY	Philly Cheese Sub Rolls* White Cheese Onions Green pepper Potato Wedges* Peaches Mayo Mustard Ketchup Salad Bar Water/Ice	Sub Sandwiches Sub Rolls* Turkey/ham Cheese/lettuce Pickles mayo/mustard Utz Asst. Chips Rice Krispy Treats Fruit Cup Water Soft Drinks PLASTIC SPOONS!!!	Chicken Sandwiches* Buns* Sliced Cheese Lettuce Waffle Fries Mandarin Oranges mayo/mustard Salad Bar Water/Ice	Chicken Fajitas Tortillas* Chicken Salsa Cheese/lettuce Sour cream Onions Green peppers Chips Nacho cheese Mexican Rice Salad Bar Water/Ice	BBQ Buns* Coleslaw Baked Beans Sweet Potato French Fries Pears BBQ Sauce Ketchup Salad Bar Water/Ice	
Tony's Circle Pizza* (Pepperoni and Cheese) Potato Chips Carrots Ranch Dressing Salad Bar Kool-aid/ Water/Tea/Ice Fudge Bars	Chicken Tenders* Mac-N-Cheese* Applesauce Honey mustard BBQ sauce ketchup Salad Bar Kool-aid/ Water/Tea/Ice Oreo Yummies*	Dinner off Campus	Pasta Night Tomato sauce Meatballs Penne pasta* Breadsticks* Parmesan Salad Bar Kool-aid/ Water/Tea/Ice Brownies*	Hamburgers Buns* Cheese Lettuce Sliced pickles Watermelon French Fries Ketchup Mayo Mustard Salad Bar Kool-aid/ Water/Tea/Ice Fruit Pizza*	Fried Chicken* Mashed Potatoes Gravy Green Beans Rolls* Butter Salad Bar Kool-aid/ Water/Tea/Ice Chip Whip*	
Notes	Notes	Notes	Notes	Notes	Notes	Notes
					Notes <i>We celebrate with all cabins at the end of the week with Pizza from Papa Johns*</i>	

Eggs Milk Gluten Processed in a factory with or may contain peanuts/treenuts **Menu items are subject to change due to supply issues**
 Any item with an (*) next to it, we will provide a GF alternative. All fried products could contain trace amounts of gluten. Updated 5/20/2022